

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Tim Dowd**

Has successfully participated & completed the  
**40km FRESH Kaapsehoop Mountain Ultra**  
held at Kaapsehoop Horse Trails.

**TIME 07:12:07**

**PACE 10:48/km**  
**OVERALL 48 of 59**

**GENDER 33 of 39**  
**< 50 13 of 15**

11 September 2021, Sat

Date



*BoutTime*

Signature

